Master of Arts: CLINICAL MENTAL HEALTH COUNSELING
Counselor Education Program

I. FOUNDATIONS (9 semester credits)
   A. Human Growth & Development (2 hours)
      ESCE 6735: Counseling Across the Lifespan (2 hours)
   B. Social, Cultural, and Educational Foundations (4 hours)
      ESCE 7741: Multicultural Issues in Counseling (4 hours)
   C. Research (3 hours)
      EHE P&L 6625 or 6641 (lecture & lab)

II. PROFESSIONAL COUNSELING (34 semester credits)
   A. Professional Orientation (3 hours)
      ESCE 6731: Foundations of Professional Counseling (3 hours)
   B. Assessment of Behavior (3 hours)
      ESCE 6734: Assessment in Counseling (3 hours)
   C. Lifestyle and Career Development (2 hours)
      ESCE 6736: Lifespan Career Development & Counseling (2 hours)
   D. Counseling Theory and Techniques (9 hours)
      ESCE 6732: Theories of Professional Counseling (3 hours)
      ESCE 6733: Techniques of Individual Counseling (1.5 hour) (taken with 6732)
      ESCE 6737: Group Counseling (3 hours)
      ESCE 6738: Techniques of Group Counseling (1.5 hour) (taken with 6737)
   E. Supervised Field Experience (14 hours)
      ESCE 6189.02: Practicum in Clinical Mental Health Counseling (4 hours)
      ESCE 7191.02: Internship in Clinical Mental Health Counseling (10 hours)
   F. Legal and Ethical Issues (1.5 hours)
      ESCE 6739: Ethical and Legal Issues in Counseling (1.5 hours)
   G. Theories of Counseling Supervision (1.5 hours)
      ESCE 7934: Theories of Counseling Supervision (1.5 hours)

III. CLINICAL STUDIES (20 semester credits)
   A. Clinical Psychopathology, Personality, Abnormal Behavior (3 semester credits)
      ESCE 7932: Psychopathology, Trauma, & Crisis Counseling (3 hours)
   B. Evaluation of Mental and Emotional Status (4 hours)
      ESCE 7935: Advanced Assessment: Personality Testing (4 hours)
   C. Diagnosis of Mental and Emotional Disorders (3 semester credits)
      ESCE 6931: Diagnosis of Mental & Emotional Disorders (3 hours)
   D. Methods of Intervention and Prevention (4.5 semester credits)
      ESCE 7933: Wellness and Prevention Counseling (3 hours)
      ESCE 7745: Theories of Consultation in Counseling (1.5 hours)
   E. Treatment of Mental and Emotional Disorders (5.5 semester credits)
      ESCE 6740: Techniques for Counseling Children & Adolescents (1.5 hours)
      ESCE 7742: Addictions Counseling (2 hours)
      ESCE 7743: Family & Couples Counseling (2 hours)

IV. PROGRAM ALSO REQUIRES: Plan A (Thesis) or Plan B (Comprehensive Exam)

MASTER OF ARTS DEGREE IN CLINICAL MENTAL HEALTH COUNSELING = 63 SEMESTER CREDIT HOURS
Updated 6/2014